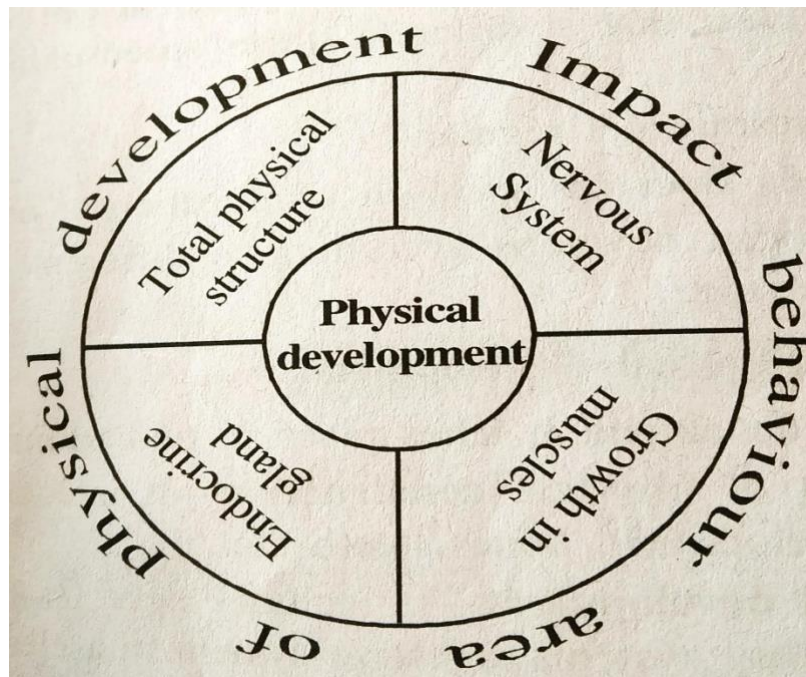


PHYSICAL DEVELOPMENT

Physical development refers to an increase in body size (length or weight and height) as in the size of organs. Physical development starts from the womb of mother, which is called prenatal development period. Psychologists identified following four areas of behaviour which have great impact of physical development.



1. **Nervous system** - Intelligence develops in relation to development of nervous system, child gets a new form of behaving. Child's emotional behaviour is directly related to his comprehensive level. He enjoys the social acceptance of his behaviour, which is related to other's thoughts, feelings and emotions.

2. **Growth in muscles**-With the growth of muscles child's physical power also develops, which can be seen in his activities and work. This is changeable time to time. At the every stage of development, children's sports/games are based on the development of their muscles.

3. **Endocrine glands**-New and changed behaviour reflects due to change in the endocrine glands.

4. **Total physical structure**-There is a great impact of change in total physical structure on children's behaviour. Total physical structure includes physical construction , length, weight, physical ratio and common physical figure etc . Good health is the base of proper physical development. Only healthy person can develop himself in multi- dimensions.

Hence it can be said that physical development and health are closely related to the behaviour.